

## The Acts Lifestyle

### Active adult communities for the best of your life

Now is your time to discover everything you need to make the most of every moment at an Acts Retirement-Life Community. At each of our active lifestyle retirement communities you will enjoy an unparalleled combination of atmosphere, services, and amenities in a resort-like atmosphere.

You'll be able to pursue your passions, pastimes and hobbies, to get involved in the many activities and clubs in the community or to just enjoy the liberation of what maintenance free living brings to your life.

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### Acts Signature Residence

Each Acts community has a degree of flexibility in the floor plans that are available. Common floor plans include the following:

**Contemporary** – opens up the kitchen and living space to create a larger kitchen a great room for relaxing and entertaining.

**Traditional** – provides the maximum number of bedrooms for each design, with modern features and finishes in a more traditional floor plan.

**Versatile** – modifies a bedroom to create a space whose use is limited only by your imagination. Create a den, library, home office, media/music room, art studio, or other use that suits your lifestyle and space needs.



## Exquisite Culinary & Dining Options

It's all about fresh foods and exciting menus. Savor bistro favorites, fine dining, themed dining and even BYOs. Acts doesn't just provide your typical retirement food fare. We are extremely proud of our quality cuisine and the wide variety of food styles and restaurant choices that we offer.

For guests and retirement residents, breakfast, lunch and dinner are available in a number of on-campus restaurants and offer favorite menu options and daily specials. From heart-healthy selections to gooey, guilty confections, our professionally trained culinary staff strives to make every meal a positive dining experience.





## Pursue your passions, pastimes, and hobbies

Whether it's more time for a long-time passion, exploring a new hobby, or experiencing a new activity via the numerous educational, social, and fitness programs scheduled by Acts community staff, most residents say they've never been busier. [Explore popular senior activities.](#)



### Fitness Activities

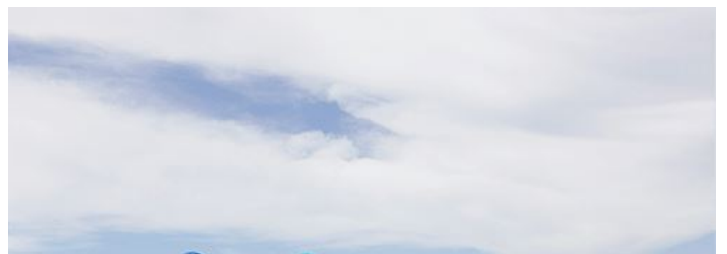
Explore our fitness centers, walking paths, recreation areas, and swimming pools that provide ample opportunities to stay active and fit. Community fitness directors are trained to best direct seniors in their pursuit of active senior living.



### Classes

Educational courses – such as art classes, book clubs, religious studies, etc. – and lifelong learning opportunities are scheduled by the activities director at each community.

View some Acts [classes for seniors.](#)





## Volunteering

Residents at Acts Retirement Communities love being able to give back!

Opportunities abound for volunteering. Join one of the many groups that support local charities or enjoy having more time to support your own volunteering activities.



## Trips & Active Senior Living

Travel and vacations become much more carefree – just close your door and leave any worries about your home behind. Travel and stay at other Acts communities or participate in day and overnight excursions.



## Health & Wellness

Acts has a holistic health and wellness philosophy that integrates body, mind, and spirit across the continuum of living. Inherent in this model is the Acts Signature Experience, a person-centered model that recognizes and honors the uniqueness of each individual and affords that person the opportunity to develop meaningful relationships and enhance self-esteem and self-determination through personal choices and independence.

With opportunities that include stimulating activities, nutritional counseling, brain fitness activities, preventive care, and the levels of medical care available at each community,

you'll have every opportunity at an Acts campus to be the healthiest you've ever been.



## **Maintenance-free retirement living**

Worries about home upkeep, lawncare, appliance maintenance and repair are now just a memory. That's all done by us. And waiting for a repair person will not interfere with your daily plans, since trusted and familiar personnel at the retirement community will be responsible for anything that needs fixing in your home.



## **Financial Advantages**

Residents of continuing care retirement communities (CCRCs), like Acts communities, may be eligible for certain tax benefits. Community members can deduct a certain percentage of their entrance fee (typically 39-41%) and monthly fees on their Federal

income taxes. The IRS recognizes a portion of the entrance and monthly fees paid by CCRC residents in the form of a retirement tax credit as prepaid potential medical related expenses.

In addition, Acts residency comes with a built-in retirement safety net designed to safeguard you financially. After becoming a resident, if your resources ever become exhausted due to an unexpected and unavoidable hardship, our Samaritan Fund provides a financial safety net for your retirement. In these ever-changing times, that is real security for your future.