

## Acts Retirement & Moving Resources

Choosing a retirement community is a major decision, and one that should be made with careful research and planning. That's why we provide retirement assets to aide you in your decision.

Our resources for seniors include articles, tips and more information covering a wide range of retirement topics. There are many factors to consider as you explore what type of active retirement community is right for you. Take your time making this decision and assess your retirement options. This will help safeguard your future welfare and happiness.

### Browse our retirement resources for seniors by category below:



#### [Exercises for Older Adults](#)

[Get tips on the best ways to keep your mind and body healthy in retirement.](#)



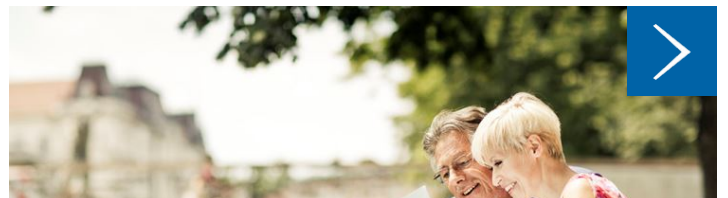
#### [Saving Money After Retirement](#)

[What are some of the most effective ways to save money after you retire? Find useful advice here.](#)



#### [Downsizing for Retirement: What to Do Before and After You Retire](#)

[Learn the most efficient way to](#)



#### [What to Do in Retirement](#)

[There are many fun and rewarding](#)

[downsize your living situation, and what should come after.](#)

[activities for those who are retired. Feeling bored? Follow this advice.](#)



### [Retirement Community Resources](#)

[Curious about retirement communities but not sure where to get started? These resources can help.](#)



### [Hidden Costs of Home Ownership](#)

[You can afford more than you think. Learn the true cost of home ownership.](#)



### [Tips for Adult Children](#)

[How to talk with your aging parent about retirement.](#)



### [Retirement Community & Senior Living Glossary](#)

[Browse a comprehensive list of senior living and retirement community terms.](#)